

PALM BEACH DAILY NEWS
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Touching the Ocean ---

Touch the Ocean: The Power of Our Collective

Emotions is a new book by native Palm Beacher,

James Nemec. The book takes place in the North End of Palm Beach, where Nemec grew up with the ocean as his front yard.

He describes his nonfiction work as showing the great value of the ocean, the decency of the Palm Beach community and how we each have the potential to heal others and ourselves, no matter how old we are.

The book is published by CraniOcean Media of West Palm Beach.. Nemec expects to attend book signings in November in the Los Angeles area.

Nemec, who resides in West Palm Beach, said the book has been “part of my ‘spiritual journey’ to return to Florida from Southern California, where I’ve lived and worked for more than 20 years, a ‘coming back to my roots.’” His family here is one of the early pioneer families of West Palm Beach.