

Why this book and why now?

Based on actual events, and the first book in a series of three books, *TOUCH THE OCEAN: THE POWER OF OUR COLLECTIVE EMOTIONS* lyrically introduces a niggling question that has been on our minds, keeping us awake nights, a question which hasn't had a chance to rise to the surface for our examination...*until now*.

We all know that weather can affect our moods. A bright day can make us rather cheerful, a gloomy day, sad. On the other hand, might our collective emotions have an affect on the weather itself? What's more, on catastrophic weather?

Originally designed as a readable book for the enlightened *Spa Crowd* to introduce a little known form of healing art called, "Craniosacral Therapy," the Author began to observe a discreet change in the weather overhead while working with a small group of therapists and clients in the waters of the Bahamas, and *everything* changed...

No one else would dare report it.



CraniOcean Media

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Who Would Go For It?

EVERYBODY... who loves the ocean and those aware of a *Mind, Body & Spirit* connection... will be fascinated by this innovative look into our bodies as oceans, dolphins, emotional weather...

This is not a book for *Science* or *Nature*, this is a book for the open and imaginative mind. And Nemec can get away with asking the question now. Why? Because he's first a playwright; for him, this is Siddhartha's deeply lyrical memoir!

The Good Nuz

Roy Nuzzo, MD, surgeon, diplomat of Rutgers, Harvard, Yale, Cornell, and a former US Naval Officer, logs in to share the experience at Sarah Lawrence College:

Ok, what do you do when you are an insomniac and it's beautiful outside, but late at night, and you are in an empty dorm room with zero furnishings other than the bed? You go out for a walk.

You are faculty and then a budding writer who is also out on the deserted midnight green asks you the usual 'how's things' questions. Over some left over wine, under the moon, he wonders if you could give an outsider's look at something that is churning in his head. Deep rumblings are bubbling up into a manuscript, a book maybe.

Sure. That's why I'm here.

Swimming with dolphins? Cool. Not some dreary academic diatribe. Perfect for a warm night, wine, and the dim lamp post light. The ghost of Joseph Campbell is only a few yards away. That's where he wrote. Can't say no.

Dr. Nuzzo Continues...

But something odd happens. I don't know much about dolphins, but I feel wet and experience his waves, forces of nature and then - what am I doing in an ocean just fifteen minutes north of New York City? I need a towel.

James captures, no, he inflicts the ocean. Cadence, waves of recollection, observation, loose associations all swell in that feeling of floating.

Each evening, going over typical typos, consistency of tense, and avoidance of similar words too close together - the usual editing stuff - the culling of debris that follows cut and paste reorganization, and after discussions past three in the morning about the true meaning of chaos - the mathematical constructive nature of chaos ... something emerges. Those loosely floating snippets suddenly congeal into a visible and tactile world view. As if seeing bits of incomplete imagery through teasing fog, it lifts.

James Nemec has leapfrogged Jung, and has ridden chaos theory into the universe of the mind - the collective mind - the group think of society.

He sees a single entity of interconnection, as were it a single brain, a singularity of so many discrete neurons, each inexplicable - but acting on and acted on by the physical world. The world shapes us. We, collectively, shape the world. Hard to pin it down, but so is weather. That's what he calls it. Atta boy, James.

TOUCH THE OCEAN

The Power of Our Collective Emotions

Publication Date: September, 2007

Trade Paper: 5 1/4 x 8 1/4

292 Pages

\$19.95 U.S.

ISBN 978-0-979-2805-0-4

Genre: Mind, Body & Spirit

Author tour: National advertising.
Online promotion. Regional tour.

Author events in Southern California and
South Florida

Print Run: 1000 to 5000

Fulfillment and Shipping:
www.RazorPages.com

Distributor: Ingram, Baker and Taylor, New Leaf
Distributing

ABOUT THE AUTHOR

Raised on the ocean in South Florida, James Nemeč, LMT, CST-D, is a poet and noted L.A. playwright. Nemeč's poems have appeared in numerous literary publications, including *OntheBus* and *Rattle*. His plays have awarded him finalist status for the prestigious Heidleman Award, and for several literary contests, including the Love Creek Samuel French Festival and the *San Francisco Bay Guardian*.

For more than 15 years, Nemeč has worked as an Advanced Diplomat Certified CranioSacral Therapist and Florida licensed Massage Therapist. Regarded an expert in the field, his unique approach is intuitive, yet clinical. Nemeč has been known to relieve and treat some "unsolvable" neurological disorders.

In *TOUCH THE OCEAN*, Nemeč writes in waves about his fascinating hands-on work with clients and dolphins in the ocean itself off the Bahamas and Palm Beach. Nemeč recently relocated from L.A. and returned to his roots in West Palm Beach to continue his passion of unlocking more secrets of the sea and its connection to mankind.

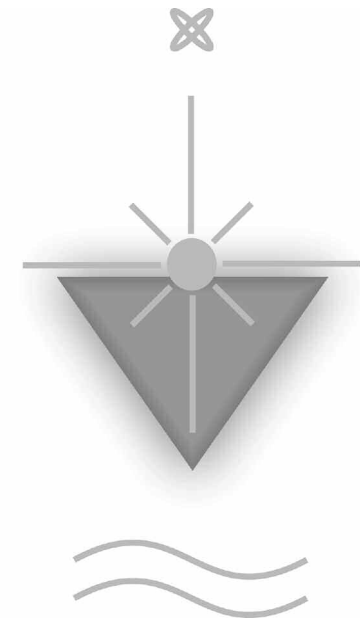


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Touch the Ocean



*One Light Touch Can
Change the World...!*

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